

123 GO!

in Sefton

THINGS TO DO
PLACES TO GO
FUN ACTIVITIES
FOR ALL
THE FAMILY



Sefton Council



SUMMER 2013

Champion

Silcocks Funland Southport Pier

Silcocks FUNLAND

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ON TOP GEAR RIDE
Southport Pier

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Cannot be used in conjunction with any other offer. Valid until 1st October 2013





The summer holidays are one of the best times of the year for children ... but one of the most challenging for parents.

To keep your children entertained without breaking the bank balance is no mean feat!

To help you all enjoy the holidays we have created this guide of local happenings which are available throughout the summer months and beyond. There is every activity you can imagine here and many of them are free!

With such busy lives these days it can sometimes be difficult to find the time to sit down and do something as a family. That's why we have included many activities which are for everyone ... children, parents and grandparents alike.

So rather than sitting watching the kids putting their creative skills to the test, you can join in too! 1 – 2 – 3 – Go!

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Family Days Out

Mersey Ferries

 0151 639 0609

www.merseyferries.co.uk

This summer, enjoy a 'ferry British' family day out with Mersey Ferries.

Take a stunning journey aboard a daily River Explorer Cruise for unrivalled views of the ever evolving UNESCO world heritage waterfront, where you can take in stunning views, fascinating history and all the sea air you could wish for!

Stop off at Spaceport for inspirational journey through space!



Rock and River

 01704 822644

www.rockandriver.co.uk

You can try all sorts of outdoor pursuits including 18 different adventurous activities for all ages - from Climbing to Archery, Abseiling to Canoeing, High Ropes, Raft Building and lots more. There's also a school holiday club for parents to drop their children off every day of the holidays (9-4pm). It's all about having fun and being adventurous in a safe environment, with experienced and fully qualified instructors to make sure they have the time of their lives!

From 9am - 4pm. (Drop off 8-9am - Pickup 4-5pm). 8yrs +. Every School Holiday at Rock & River. Full day just £26. Half day £16. Fresh homemade lunch £3



Underwater Street

 0151 227 2550

www.underwaterstreet.com

This summer Underwater Street presents "Imagine That", the Children's International Festival.

Discover some fantastic new crafts and activities from around the world including dance and music workshops, festival crafts and traditional activities like Henna hand painting... all included in admission and all in addition to the usual fun such as slime factory, battle of the scientists and giant bubble making!!



Rufford Old Hall

 0844 800 1895

www.nationaltrust.org.uk/rufford-old-hall/

Rufford Old Hall has lots of outdoor fun for children this summer including giant games and the chance to experience woodland adventures as part of the national '50 things' challenge.

You can also take time out to explore the house and Tudor Great Hall, and complete a house trail. To find out more about events and opening times, go to our website.

WWT Martin Mere

 01704 895181

www.wwt.org.uk/martinmere

WWT Martin Mere is where wilderness and family-friendliness combine. Visit over the summer for a huge selection of family activities including pond dipping, den building, story time, crafts, otter feeds and flamingo talks.

Explore our Roundhouse Village, Mere Tun and step back in time to discover how people lived on the banks of the mere and live like a Viking by dressing in traditional clothing, have a go at weapons training, sit around the camp fire and make wooden crafts.

You can also enjoy a close encounter on the canoe safari experience. Enjoy getting close to nature as you can meander around wetlands in a canoe for up to an hour with family and friends – a great experience for all ages!



Speke Hall

 0151 427 7231

www.nationaltrust.org.uk

For children who are interested in history, Speke Hall is the ideal day out.

Surrounded by beautiful gardens the hall is a perfect example of a grand Tudor residence with the gardens being perfect to relax in on a beautiful summer's day.

From audio guides, to guided tours, special children's activities and summer events Speke Hall is perfect for the whole family.



Knowsley Safari Park

 0151 430 9009

knowsleysafariexperience.co.uk

Calling all adventurers!

Head for the region's wildest day out and encounter over 700 amazing animals with a safari drive covering 500 acres.

Whether up close or on our car friendly route, you'll get a great view of the monkey madness. Plus you can see the kings of the jungle in the famous fence-free lion enclosure.



Cedar Farm

 01704 822038

www.cedarfarm.net

Nestling in beautiful countryside, Cedar Farm is a unique and creative shopping experience.

The wonderful array of unique shops, selling contemporary crafts, clothing, home furnishings and mystic gifts is complemented by a group of creative working artists.

Here visitors have an opportunity to purchase artwork

made by some of the most talented people in the region.

The cafe@cedarfarm, serving delicious freshly prepared food and the Coffee Roastery are both award winning places to eat and drink so if you fancy something to eat you have come to the right place!

With regular exhibitions, free parking, a children's playground and farm animals to feed, it's a perfect place to spend an hour or two with the children.

At the end of your visit, if you can't face going home to cook, drop into The Food Shop for a scrumptious home cooked meal to take away with you.



Family Days Out

Croxteth Hall and Country Park

☎ 0151 233 6910

www.croxteth.co.uk

Croxteth Hall & Country Park is Liverpool's biggest park situated only five miles from the city centre. Attractions include – Historic Hall, Home Farm, Walled Garden, Café, Children's Adventure Playgrounds and acres of country park to explore.

Numerous events and activities for all the family run throughout the summer making it an ideal venue for a great family day out. See the website or ring for full details.



Everton Football Club Stadium Tour

☎ 0151 530 5212

www.evertonfc.com/club/stadium-tour.html

Have you ever wondered just what goes on behind the scenes at Goodison Park? Have you dreamed of walking down the tunnel to the roar of 40,000 fans?

Do you want to know where exactly in the dressing room your favourite players get changed or where the players relax after the game?

A chance of a lifetime awaits you, as you experience the magic of the Goodison Park Stadium Tour.



World Museum Liverpool

☎ 0151 478 4393

www.liverpoolmuseums.org.uk/wml/

This splendid museum, based in William Brown Street, Liverpool gives children an opportunity to see the culture, history and living creatures from around the world.

There is a planetarium, aquarium, bug house and live shows and performances and even some Egyptian mummies!

There is wheelchair access and people with sight and hearing impairments are catered with guide dogs being welcome. There is limited pay and display parking outside the museum and there are bus and train links nearby so getting here shouldn't be a problem!

Open daily from 10am - 5pm and it is completely free!



Formby beach and pinewoods

For a day out close to nature Formby pinewoods are a great place to take the kids and unwind with a long walk and some squirrel spotting. The pinewoods are full of rare red squirrels who are so tame they don't think twice about coming to take a nut from your fingers!

At the end of the pinewoods is Formby beach which is beautifully unspoilt with clean sand and water, perfect for the kids to enjoy in the summer holidays.

Ribble Steam Railway

☎ 01772 728800

www.ribblesteam.org.uk

If you love steam trains or want to show the kids a little bit of history the Ribble Steam Railway is a great day out.

Featuring a preserved railway running along Preston's Docks it allows children to see a steam train in full working order, something they may not have the chance to experience otherwise.

As well as the working line there are several other train exhibits to see plus a party train, great if your little ones have an approaching birthday!



Windmill Animal Farm

☎ 01704 892282

www.windmillanimalfarm.co.uk

The farm was first opened to the public in 1992 and offers visitors the chance to experience the every day running of an actual working farm while still having the chance to watch, feed, touch and play with animals. As well as these beautiful and unusual animals to see, the farm has three marvellous children's play areas. The indoor play barn, one of the largest in the North West, the new outdoor play area by the main farm complex and the second new outdoor play area by Lake View, which can be reached by a beautiful miniature train that crosses the farm.



Spaceport

☎ 0151 330 1333

www.spaceport.org.uk

Travel through time at Spaceport's brand new 'Time Travellers' exhibition. See an intergalactic host of amazing exhibits including a TARDIS display, replica Cybermen, Sontaran, K9 and the ever-terrifying Daleks.

You'll also enjoy an inspirational journey through space including a 3600 full dome planetarium experience and motion simulator ride.



Local Parks

The council run local parks and gardens cannot be forgotten because as well as being beautifully cared for and run well they are absolutely free!

Most have a children's play area and several grassy areas where children can run and play games such as rounders and cricket.

You can find out where your local park is by visiting the www.direct.gov.uk and start to discover what is just on your doorstep.



Family Days Out

Liverpool Football Club Museum & Tour

☎ 0151 260 6677

www.liverpoolfc.com/history/tour-and-museum

The stadium tour allows you behind the scenes at Anfield, offering the chance to visit the dressing room, walk down the tunnel to the sound of 45,000 cheering fans, touch the famous 'This Is Anfield' sign and sit in the team dugout.



Liverpool War Museum

☎ 0151 227 2008

www.liverpoolwarmuseum.co.uk

The War Rooms in Liverpool's 'Western Approaches' is a restoration of the WWII Command Centre that operated throughout the Battle of the Atlantic: the longest running conflict of WWII.



Farmer Ted's Farm Park

☎ 0151 526 0002

www.farmerteds.com

Farmer Ted's is an interactive children's activity park, sited on a working farm within the beautiful Lancashire countryside.

The Farm Park's aim is to provide a fun, family orientated atmosphere where mums and dads will feel just as comfortable as the Kids.

The attraction offers an educational, safe and fun place for the whole family to visit. We also run a membership scheme, birthday parties and a range of activities all year round!

But on top of all that Farmer Ted's also specialise in providing educational day trips for the North West's schools by covering the national curriculum, in order to teach the children about farming, animals and food.



Southport Flower Show

☎ 0844 847 1555

southportflowershow.co.uk

Southport Flower Show returns this summer for its 84th year ... 15-18 August 2013.

Attracting 70,000 visitors the four day event features the very best in garden design, gourmet foods, live music and entertainment.

The show includes the North West Food Festival, North West Book Festival and a host

of family entertainment from jousting knights to dog displays and free flying birds of prey.

Three of the region's leading chefs have announced they will be appearing: Lisa Allen, Justine Forrest and Brian Mellor will be attending the show and taking to their stoves, demonstrating how to cook some of their signature dishes.

Carol Vorderman will be launching this year's show and other celebrities in attendance include celebrity chef Simon Rimmer, David Bellamy OBE and Channel 4's Landscaper, Mathew Wilson.

For tickets and information visit the Southport Flower Show website.



Southport Pleasureland

 **01704 532717**

southportpleasureland.com

Southport Pleasureland is bursting with new rides and activities for a sizzling summer of family entertainment this year.

Even bigger and even better, the park's rides provide the perfect balance for families juggling big thrill experiences for excitement-hungry teens and lots of fun with gentler rides specially for the little ones.

Entry is free, pay only for the rides you choose. And to stretch the budget, you can even bring your own picnic!



Botanic Gardens

 **01704 822644**

tinyurl.com/botanicgardens

The Botanic Gardens is situated in Churchtown, Southport and is nationally renowned for its beautiful floral displays having featured in Gardener's World.

In the summer there are events most weekends from brass bands to flower shows to concerts all of which are free or very reasonably priced to watch.

There is also a Fernery, an aviary, mini golf, a nursery shop and a café.



Dobbies Southport

 **01704 552920**

www.dobbies.com

'Dobbies Garden World Southport has more than a handful of fun-filled activities for kids to enjoy.

Activities include: a fun filled day with Spiderman and Snow White, character party with Jack Sparrow and Tinker Bell, Mad Hatter's Tea Party, Baby Ballet and Teddy Bear's picnic.

Also taster dancing sessions, circus skills workshops, birds of prey display, face painting and a treasure hunt around the store.



Crosby Lakeside Adventure Centre

 **0151 966 6868**

www.crosbylakeside.co.uk

Give the kids an active day out and encourage them to take a break away from the television or their computer games.

Forming part of the gateway to the Mersey Estuary the £10 million development has a whole host of water sports available ... as well as a gym, fitness classes and bar and bistro.



School holiday activities all set for re-opening at Outdoor Centre

A school holiday scheme where young people try their hand at adventurous outdoor activities is set to re-open for the Summer holidays.

Rock & River is an Outdoor Pursuits centre where you learn to fire an arrow or make a raft, climb a 40 foot tower, or kayak across a lake. Their School Holiday Scheme allows young people (around 8 years and up) to try 18 different activities, while parents are busy working - or enjoying a well deserved rest!

John Wareing, Rock & River owner, says over 6000 children have spent at least a few days of their holidays with them since the scheme began in 2009. "We have seen a huge increase in demand for more active things to do in the school holidays - and particularly for Outdoor Pursuits since Olympic fever took hold last year. When young people come to us for the first time



they can be a little nervous, but it's fantastic to watch as their confidence grows and they realise what they are able to do. We're really pleased to offer a service which children truly benefit from and enjoy, while helping parents solve the problem of how to keep them fit and healthy when they are off school"



Parents can drop children off from 8-9am and pick them up from 4-5pm. (Half days also available). Activities run every day of the school holidays and booking is essential. Rock and River also offer a pick-up and drop-off shuttle service from 8 points across the region if the centre is too far from your morning run.



9am - 4pm
18 unique activities

SCHOOL HOLIDAY ACTIVITIES

Every School Holiday






01704 822644
Book now for this summer!

or email:
bookings@rockandriver.co.uk
www.rockandriver.co.uk
Rock & River, Wood Lane, Mawdesley, Lancashire, L40 2RL

1ST VISIT
1/2 PRICE

JUST QUOTE '123GO'

There's still time to book and If you've never been before your first full day is HALF PRICE! You just need to quote '123GO!' when you call or email

To find out more go online to **www.rockandriver.co.uk** or give them a call on 01704 822 644.

FOR FULL LISTINGS VISIT WWW.ECHOARENA.COM



Disney Live!
Mickey's Rockin' Road Show
1 - 4 August
£18.00 - £30.00*

FAMILY



KUGB Presents
The World Shotokan Karate Championships
28 - 29 September
£25.00 - £40.00*

SPORT



Lawson
5 October
£19.00*

CONCERT



BANANAS
in
PYJAMAS
Banana-riffic
13 October
Adult £13.50 Child £11.50*

Auditorium
FAMILY



Jesus Christ Superstar
Starring Tim Minchin,
Melanie C, Chris Moyles
and Ben Forster
15 October
£30.00 - £65.00*

CONCERT



SuperEnduro Grand Prix
17 November
Adult £20.00 - £30.00 Child £10.00 - £20.00
Family £50.00 - £90.00*

SPORT



DIVERSITY
4 December £23.50 - £33.50*

FAMILY



BZ 20
Boyzone
20th Anniversary Tour
8 December
£35.50*

CONCERT



JLS
Goodbye: The Greatest Hits Tour
9 December
£25.00 - £33.50*

CONCERT



Union J
6 January 2014 £22.50 / £27.50*

CONCERT

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...NOW THAT'S ENTERTAINMENT!

*Online or telephone orders may be subject to a per ticket booking fee ranging from £1.50 - £10.00 dependent on ticket price. In addition tickets may be subject to a £2.25 per order handling fee. Cash purchases at TicketQuarter Queen Square Liverpool or the Echo Arena Box Office do not incur a booking fee. The Echo Arena Box Office opens from 12pm on event days only.

it's liverpool



Liverpool
Unites

Active Soccer



Active Soccer provides fun, healthy and inclusive play through accessible, progressive and structured football programmes that compliment current government initiatives for all young people aged 4-14yrs.

This spirit is fostered in an environment where everyone has a chance to play and learn, regardless of skill.

Active Soccer's long-term goal is to give its participants positive experiences of sport through a fun and engaging experience that will increase their chances of a more sustainable active lifestyle.

Active Soccer says, "Through our wealth of experience we

have experienced at first hand the wide reaching benefits of structured physical activity on young people.

"More specifically our aim is to provide an experience that will benefit the child's mental, physical and social health in a way that will benefit all parties involved, from parents and schools to local communities and the child themselves."

Active Soccer is committed to delivering a fun and engaging experience to young people in order to facilitate their immediate, as well as long term, participation in physical activity.

They say, "To achieve this all our courses and programmes are carefully structured to provide the most effective

balance between competitions and play whilst also maintaining a recognisable environment similar to lessons attended during school."

The company looks to position itself within the already established platform from which young people can become involved in physical activity and as a result look to offer a route to the government recommended targets for leading healthy lifestyles.

Active Soccer adds, "At the heart of our company's ethos is a commitment to the government's target of ensuring young people receive five hours of physical activity per week in total, two of which are delivered by schools.

active soccer FUN, HEALTHY and INCLUSIVE SUMMER CAMPS

• Week 1

w/c 29th July
Valewood
Primary School
Crosby

• Week 2

w/c 12th August
Larkfield
Primary School
Southport

• Week 3

w/c 27th August
Valewood
Primary School
Crosby

- Week 1 & 2 camps run for 5 days · Week 3 for 4 days
- Ages : 4-14 years
- Professional Fun Coaching for Boys and Girls
- Camp times : 9am - 3pm (normal school hours)
- The cost of a camp: 5 days £49 · 4 days £39

What to bring

- Packed Lunch
- Plenty of drink
- Sun cream
- Waterproof Jacket

PLEASE NOTE

- Sibling Discounts are available
- Book more than one full course and receive discounts
- 1/2 day bookings can be made please call
- All coaches are CRB Checked and are covered by Public Liability Insurance

To book your child's place please call 0844 822 3926 quoting 'Loui the Lion'

Email sefton@activesoccer.co.uk
Visit our website at www.activesoccer.co.uk
Follow **activesoccer** Sefton on Facebook at www.facebook.com/activesoccer-sefton

The **activesoccer** Inflatables will be used on some of the camps



ALSO ON OFFER
EXCITING FOOTBALL
BIRTHDAY PARTY OPTIONS
– please see the website

SATURDAY MORNING CLUB
IN SOUTHPORT
please call for more details

activesoccer JUNIORS
join our teams that play
in the Hightown league

The miniature specialists

When I started A Child Within nearly six years ago I didn't appreciate the size and variety of houses that exist for this fascinating hobby. I have undertaken many refurbishments and built innumerable houses, but the fascination and sense of achievement after each project is immeasurable.

One of my first commissions was a Chapel and I had to learn how to clad it in real stone, apply a slate roof, install stained glass replica windows and lay a flagstone floor. This project gave me so much confidence that I now take on more complex commissions and I have just finished thatching my first roof.

We stock a large variety of wallpaper, carpet, furniture, wooden mouldings and accessories and if we don't have it in stock we try our very best to source it for you. We also make curtains, cushions, bedding and table runners as well as perfume bottles, dolls house food, and we can source unique items for the discerning collector on request.

If you would like characters to inhabit your dream house I have contact with an artisan who makes figures to your own specification, anything from a 1960s Granny washing up at the sink to Father Christmas' elves to name a few. You are only limited by your own imagination!

A Child Within

Dolls House & Miniature Specialists

We stock dolls houses, porcelain dolls, wooden dolls, furniture, wallpaper, skirting boards, dado rails, doors, window frames, flowers, shrubs, food, tea sets and a wide range of accessories... everything for the beginner to the collector as well as junior ranges from age 3 years and much much more...



Find us just around the corner from Botanic Gardens, Churchtown
88/90 Botanic Road, Churchtown, Southport PR9 7NE

Opening Hours: Tues to Sat 10-4pm

Telephone: 01704 232727

Email: enquiries@achildwithinsouthport.co.uk

www.achildwithinsouthport.co.uk

Learn to Swim in four hours!

Gail Rickett is making news having taught several non-swimmers to swim as far as a 1/4 mile in just a few hours. Gail is running a new four day Learn to Swim Course where children like Timothy Waters have completed amazing distances; Timothy gained his 100m breast stroke and 100m back stroke award starting as a non-swimmer. Gail's secret is due to her special teaching methods, and over 20 years teaching experience. Gail has also been awarded by the Amateur Swimming Association for her 'Dedication to Swimming'.

There are different courses available: the VIP private 1 to 1 course which is available all year round, the group 8 day intensive courses in the summer and autumn holidays, and weekly classes.

Amy Hunt, a non swimmer attended the course and gained both her 300 meters breast stroke and 200 meters back stroke certificates; a year later Amy was superb also at front crawl, butterfly and she'd completed a one mile swim.

This years super swimmers are Jodie 3 yrs old and Callum 4 yrs old who have both swam 1/4 of a mile full back stroke non-stop, which may make the 'Guinness Book of Records'!

You can call Gail on 07449 135450 for more details or visit www.swim-baby.co.uk to read the testimonials. WHY would you go anywhere else?

LEARN TO SWIM IN 4 HOURS

NO POOLSIDE WAITING • CONSTANT SWIMMING • FAST RESULTS

Classes for All Ages and Abilities, Mums and Baby Sessions



With Gail 20yrs Teaching and Award Winner!

Meet Erin Lovegrove ... at 2 yrs old Erin swam 20 meters on her own and at 3 yrs old Erin swam 300 meters full back stroke see her video at www.swim-baby.co.uk

NEW VIP LEARN TO SWIM

PRIVATE 1-2-1 LESSONS

4 x 1hr after school lessons

= 99% of over 4yrs old pupils

WILL LEARN TO SWIM 10 - 200 METRES

Call Gail now on

07449 135450 • 01704 562800

CALL TO ASK ABOUT THE 8 DAY LEARN TO SWIM COURSE IN THE SUMMER HOLIDAYS - COST £88

Liverpool's finest English heri



Croxteth Hall dominates the park and is the former home of the Earls of Sefton (the last Earl died in 1972) and inside the rooms show the life 'upstairs and downstairs' of the grand Edwardian era.

Displays and fun quizzes, 'Hands on History' days and even the Gift Shop help to ensure children are occupied during their visit whilst also giving the chance to learn a little too.

Visit Home Farm where the traditional buildings host a variety of farm (and other) animals – meeting a huge pig face-to-face is a memorable experience!

A gift shop, picnic area and for younger children, free pedal power ride-on tractors are all available here. The farm is also a Rare Breed Survival Trust approved centre housing a collection of Britain's rarest farm breeds.



Croxteth Hall
& Country Park

tage park



The Walled Garden can be described as a 'secret garden'. Hidden behind high walls a network of paths take you past spectacular flower beds, vegetable plots and ancient fruit trees – plenty of



inspiration for the green-fingered! The garden's greenhouses display some of the exotic plants from Liverpool's famous Botanical Collection which is one of the oldest in Britain. The garden is perfect for that

little bit of peace and quiet!

A visit to **www.croxteth.co.uk** is recommended before you go.

Find out what events are taking place, pick up the latest news or buy your tickets online in advance.



Croxteth Hall & Country Park



Enjoy a great day out for all the family!

**Historic Hall - Home Farm - Walled Garden - acres of Country Park
Gift Shops - Café - Children's Adventure Playgrounds - Donkey Rides**



**For full details of summer events & activities at Croxteth Hall & Country Park
visit our website at www.croxteth.co.uk or telephone 0151 233 3020**

Hall, Farm & Garden open 10.30am. - 5.00pm. (Last admission 4.30pm) Parking SatNav code L11 1EH



FIND US ON FACEBOOK

Supporting families across Sefton

Southport

BABY DAYS

every Friday
with
HEALTH CLINIC

- Solicitor
- Respite Session
- Citizen Advice Bureau

ART CLUB

ages 8 to 12
Friday's 4-5.30pm

Social Art Club
ages 13 to 19
Friday's 5.45-7.15pm

Activities for Young People
see our diary

- ESOL
- TOY LIBRARY
- TYRED RIDES

Parenting 2000
Children's Centre

01704 380047

Crosby

COMING SOON

- Summer Taster Days
- Dance • Sport

0151 920 7137

Litherland

THE COURTYARD CAFE

Open daily for all
9am – 3.30pm

School Uniform Bank
Litherland

"INCREDIBLE EDIBLE"
community gardening

0151 920 7137

All Centres

Speakeasy
& 'FACTS ABOUT
ALCOHOL AND DRUGS
Free courses for
parents/carers

COUNSELLING
– ask Tessa
for more
information

C-Card Plus
Sexual Health,
advice & support
FOR YOUNG PEOPLE

PARENTING SUPPORT
Help & advice
for families

- Volunteering
- Internet Café
- Universal Job Match Support

Learning Bus

Southport YMCA: Standing together and inspiring change

Since 1852 your YMCA has served Southport. As a charity the YMCA has always been run by local people for local people. That's what makes us different.

It is proud to stand at the heart of the local community in Southport. We are more than just a sports facility!

We aim to provide a fun, family inclusive atmosphere, where socialising and work life balance comes together. Just take a look at our adult and Junior programmes!

We share your aspirations, listening to your voice and developing exciting and new ways to bring positive change to you and your family.

This may include:

Youth Projects

We support young people on their life journey and help and encourage them to play a positive role in their community, through a variety of mediums.



YMCA SINCE 1852
SOUTHPORT

Creative and exciting sport activities

Whatever your age and ability: to develop a mentally, physically and spiritually healthy lifestyle by participating in sports and recreational activities.

Warm and welcoming environment

We're not just a sports centre, but a place where you can meet new people and make new friends and in the process feel fitter and healthier.

Summer Activities at YMCA Southport

■ Play Days

@ the YMCA (drop off session):

10am - 12pm Monday - Friday Age 4 - 16yrs, starting 29th July all through summer also 21st - 25th October half term, £2.00 per play, or purchase a leisure pass for £10.00 per week with siblings receiving 25% discount (£7.50) and holiday skating will be free. It's a fun filled morning of activities including sports, dance, crafts and playground games.

■ Holiday Skating

Monday, Tuesday, Wednesday 2pm - 4pm, £3.50 per session, open to all

■ Holiday Climbing

Monday, Wednesday, Friday 10.45am - 12pm

(Age 6+) £4.00 per session or 3 sessions for £10.00 (booking required)

■ Mini Squash

Tuesday and Thursday, 11am - 12pm

(Age 5 - 11yrs) £2.00 per session (booking required)



YMCA SINCE 1852
SOUTHPORT

81 Hoghton Street
Southport PR9 0PR
Tel: 01704 538317



IT'S ALIVE...

AT THE BUG HOUSE!

World Museum

National Museums Liverpool
Museums Liverpool
Liverpool National

National
Museums
Liverpool

Open daily, 10am-5pm

FREE ENTRY

liverpoolmuseums.org.uk



@world_museum

Bootle Children's Literary Festival



In November 2013 Ykids are hosting the Bootle Children's Literary Festival. It's the first of its kind in the area and everyone's very excited to be working on this project in collaboration with Alan Gibbons — Blue Peter Book Award winning Children's Author.

It'll be an inspirational event designed to encourage and promote literacy for children in Bootle.

The project has the backing of a host of award winning children's authors, many of whom will be delivering workshops as part of the event.

The Bootle Children's Literary Festival comprises of five events:

- **The Believe Awards** (took place in May)
- **Poetry and Illustration Competition** (entries have now closed)
- **Schools Workshops** (18-20th November)
- **WORD FEST** (21-22nd November)
- **The Little Shop of Books** (18-30th November)

SCHOOLS WORKSHOPS

18-20th November

Assemblies and workshops for Key Stage 2 to all Bootle Primary schools. Half a day with an author (see attached sheet for details of authors) for each school.



PRESENTS

**Bootle Children's
Literary Festival**



Donate your good quality, pre-loved children's books in the Strand Shopping Centre Mons Square by Boots and Supercuts

As part of this two week event in November we will be opening a pop up book shop in the Strand Shopping Centre selling low cost new and good quality secondhand children's books. Plus there will be story telling, book signings from famous authors, workshops and five days of author visits to our local primary schools. All proceeds from the shop will go towards staging the event and the wider work of Ykids in Bootle.

**Call Ykids for more information on 0151 944 2111
or email ykids99@yahoo.co.uk**

Ykids · 508 Stanley Road · Bootle · L20 5AF

Charity number · 1141530

SPONSORED BY



Bootle Children's Literary Festival



WORD FEST

At Linacre Mission on Linacre Road

A full day's event for 30 children (plus supporting staff) from your school to meet authors and attend workshops in story telling/ creative writing/ reading/rap/poetry and illustration.

THE LITTLE SHOP OF BOOKS

A temporary children's book shop opening in the Bootle Strand Shopping Centre, during the week of the festival and for a week afterwards. The shop will sell cheap new and used children's books. We also hope to have story telling workshops, book signings and book characters walking around the Strand Shopping Centre.

For the latest information on the work of Ykids please go to **www.ykids.co.uk**

You can also keep up to date with us on Facebook and Twitter.

Ykids, 508 Stanley Road, Bootle, L20 5AF
Telephone **0151 944 2111**



Why are we doing this?

Bootle's communities rank among the UK's top 1 and 2% most deprived. Children face many challenges including poverty, low self esteem and lack of opportunity.

Bootle as a town has no bookshop. It has 3 small libraries, hubs of the community with essential access to the internet for the many without a computer at home. Due to council cuts these are under threat of closure.

There are 21 primary schools in Bootle. Some of them rank in the bottom 4% for literacy but the top 4% for Maths. In one instance, Year 1 phonics tests showed that children were 10% better at reading nonsense words than real words – not because they could not read the word but because they have not recognised it.

Words such as 'Jazz' and 'Turnip' are not in their vocabulary as these words are not within the experience of a largely non book culture.

Our children have as much potential as others and our schools have wonderful standards of teaching, but children do have a distinct lack of opportunity in comparison with their more affluent counterparts, and this is evidenced in their levels of literacy.

Ykids believes that all children should have as many opportunities as possible to reach their full potential. We are committed to enhancing the lives and opportunities for Bootle children. We are staging this event to offer to schools as an additional resource to support literacy in your school and help to inspire children to read, write, and imagine.

Bootle Children's Literary Festival



The Contributors

During the week of schools workshops (18-19 November) and The Word Fest (21-22 November), we have the privilege of bringing some fantastic children's authors to Bootle.

These wonderful writers will be delivering practical workshops that will engage the children in a variety of ways.

The line up includes:

Levi Tafari

Key Note Speaker for The Word Fest



A crucial, rhythmic, poetic, consciousness raiser and "Urban Griot" from Liverpool.

Levi writes and performs poems, often with sound, taking his art-form to venues across the globe.

His words move to a strong reggae beat, but they are also very humorous. In the past he has teamed up with reggae and soul bands and more recently spent two seasons as poet in residence with The Royal Liverpool Philharmonic Orchestra.

Alan Gibbons



has been writing children's books for twenty three years. He is the winner of The Blue Peter Book Award 2000 'The book I couldn't put down' for his

best-selling book *Shadow of the Minotaur*.

Steve Barlow & Steve Skidmore

met over twenty years ago



when they were both teaching in Nottingham. Since then they have written over 150 books together.

Tommy Donbavand



is the author of the popular 13 book series *Scream Street* and 6 book *Fangs: Vampire Spy* series for 7-10 year olds.

Dan Freedman



After becoming a football journalist, Dan is famous for his football themed books which include *The Kick Off*, *Shoot to Win*, *Golden*

Goal, *Man of the Match* and *World Class*.

Bali Rai



In 2001, Bali's first book was published and he embarked on the career he had dreamt about as a child. Since those early

days Bali has continued to write stories about teenagers and also branched into the younger market with his *Soccer Squad* series.



Tom Palmer



is the author of three Puffin fiction series for children: *Football Academy*, *Foul Play* and *The Squad*.

Fiona Dunbar



is a children's author and illustrator. She left school at 16 to go to art College. After working in an art studio, which she labelled as

'disposable' work, and then a freelance illustrator, she embarked on a writing career.

Dzifa Benson



was born in London and brought up in Ghana. She writes, performs, curates and coaches and

is well known on the London Poetry scene.

All aboard ...

for Treasure Island – a swashbuckling family musical!

Get ready to sail the high seas this August with a rip-roaring outdoor production of

Treasure Island at Rufford Old Hall!

The Cambridge Touring Theatre will be performing a brand new version of the children's classic tale by Robert Louis Stevenson - a

'coming of age' tale of young Jim and Long John Silver. The performance will be full of interactive fun, including songs and dances for the young (and young at heart) to enjoy.

Bring along your merry crew of pint size buccaneers (dressed in their best pirate fashions!) to experience this hilarious outdoor performance.

The Guardian said the show "has families rolling around their picnic mats with laughter," while The Stage described it as: "Full of energy, verve, vigour and enthusiasm... the



whole performance is a laughter-filled treat from start to finish."

The Beech Paddock at Rufford is the beautiful backdrop for this swashbuckling adventure – bring a picnic, rugs or low backed chairs to accompany the fun.

For children who want to get even more involved, Cambridge Touring Theatre offers a fun filled workshop before the performance. Children can explore the story of Treasure Island, taking part in their own seafaring adventures and meeting some of the characters from the play.

The Cambridge Touring was founded by Rosie Humphreys who moved to Cambridge after working for the English National Opera in London. She has a passionate commitment to introducing theatre to families. "The reason I started Cambridge Touring Theatre was as a result of seeing the joy experienced by my own children as they watched live theatre," she says. "Add a picnic and a rug and there's no better way to spend a summer day!"

Treasure Island is at Rufford Old Hall, Sunday 4 August 2013 at 6pm. Tickets £13 adults / £9 children for the performance, £3 extra for the pre-show workshop (workshop suitable for 5-10 year olds). As there is limited capacity, booking early is highly recommended.

Call 01704 821254

www.nationaltrust.org.uk/ruffordoldhall



TREASURE ISLAND
A SWASHBUCKLING FAMILY MUSICAL

National Trust

Rufford Old Hall
Sunday 4th August, 6.00pm
Workshop: 4.30pm (5-10yrs)
Tickets: 01704 821254
www.nationaltrust.org.uk/rufford-old-hall
Tickets: Adult £13, Child £9, Under 4's Free, Workshop £3
Photographer will be present at performance. Workshop not accessible to wheelchair

"... has families rolling around their picnic mats with laughter."
The Guardian

It's playtime

WWT Martin Mere Wetland Centre has launched a brand new adventure play area: Rushes Play Space

The play area, a £250K development, involves climbing structures, tree houses, swings, slides, sand pits and waterplay around a central boardwalk for adults to sit and relax in beautiful surroundings.

The design reflects Martin Mere's focus on the environment and natural play allowing children of all ages and abilities to play in a social and safe environment.

Features include:

Mini marshlands – Toddler play space with swings, see-saws, play houses and wobble dishes

The wetlands – water play space with dams, bridges and channels to explore

Fly like a bird across a cableway The reed bed – giant timber sculptures with nets and ropes for climbing, jumping, sliding and clambering

Giant tree house – climb up the nets into the giant tree house and fly down the slide

The sand flats – sand play area with playful grassy mounds and smooth boulders

Andy Wooldridge, Centre Manager, said: "The play area we had was so popular with families, but unfortunately it was over 25 years old and due for redevelopment.

"The new one will be a fantastic addition to the Centre and will actively encourage children of all ages playing and interacting together in a more natural environment."

The concept has been designed by Timber Play, one of the UK's largest play providers who have not only their own design team but a wealth of experience garnered from the UK and Europe. The design was chosen after a period of visitor consultation last October.

WWT Martin Mere is open every day from 9.30am to 5.30pm and parking is free of charge. Situated off the A59, it is signposted from the M61, M58 and M6.

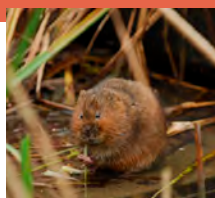
The Centre is also accessible via the Southport to Manchester and the Liverpool to Preston line by train from Burscough Rail Stations.

Visit the web site www.wwt.org.uk/visit/martinmere/ to find out what's on all year round at Martin Mere and the other eight centres.



Martin Mere Wetland Centre

Unforgettable experiences all summer



Visit www.wwt.org.uk/martinmere

Burscough, Ormskirk L40 0TA T 01704 895181

FREE EXTRA SCOOP of Silcock's Homemade Italian Ice Cream for EVERYONE!

Spanning five generations, the Silcock family have been in Southport since 1949 and their impressive, real homemade Italian ice cream that was introduced in 2011 is offering everybody a free extra scoop on presentation of the special coupon below.

This is a great opportunity to sample the 50 flavours in their portfolio with 30 regularly on display and rotated at given intervals.

A great favourite is Bailey's with just enough of the famous liqueur to give it a great taste but not "put

you over the limit".

For the Queen's Diamond Jubilee in 2012, they created a new champagne sorbet in the flavour of a bubbly drink so you could toast Her Majesty's 60th anniversary in style.

They are fanatical about quality and all their ice cream is made from locally sourced milk and cream and Italian flavours made with real fruit and ingredients and it's all made on the premises to special recipes supplied by their award-winning flavour house.

They spent many months

trialling the different flavours getting them to the taste and quality they wanted.

The New Flavours ice cream parlour can be found in Silcock's Amusements on Nevill Street and it has an impressive range of ice cream sundaes, handmade waffles, delicious thick ice cream milkshakes made with two generous scoops of ice cream as well as tea, speciality coffee, cakes and biscuits.

You can order ice cream to take home so you can carry on enjoying this delicious treat at home.



THE
ATKINSON



A CULTURAL PICK 'N' MIX FOR A LIVELY FAMILY DAY OUT ALL UNDER ONE ROOF!



This summer's highlights:

Knick Knack & Doo Dad
Reasons to be Cheerful

Saturday 13 July

My Brother the Robot

Sunday 28 July

How to Catch a Star

Wednesday 21 August

♥ Like this? You'll love our **BIG IMAGINATIONS CHILDREN'S FESTIVAL**.
Coming in October 2013, check theatkinson.co.uk for more info & full family event listings

SEFTON'S
CULTURAL
PICK 'N' MIX

Sefton Council



f: TheAtkinson
t: @AtkinsonThe
theatkinson.co.uk
(01704) 533 333

The Atkinson
Lord Street
Southport
PR8 1DB

A fun, family friendly day

The Atkinson is a brand new and very unique family friendly destination in Southport, managed and run by Sefton Council and just 3 minutes walk from Southport Station.

The venue, previously Southport Arts Centre, Atkinson Art Gallery and Southport Library, will over the next couple of years continue to develop its offer as a full cultural pick n' mix of exciting events and activities for all the family.

Step inside and be part of something special...

The Shop

The shop will be a family's first point of call when entering The Atkinson, mainly because it will be set in the beautiful foyer area of the building.

It will add to Lord Streets existing retail offer by showcasing craft and design bespoke gifts including jewellery, greetings cards, sculpture and prints that represent The Atkinson's collection and exhibitions.

Big Imaginations Network

The Atkinson is part of a region-wide network of 15 venues, dedicated to bringing the very best quality of children's theatre to the North West.

The venues work together to invite some of the most magical, innovative and challenging theatre for children aged 0-12 years to the area, so that families have the opportunity to share these special experiences. We are delighted to welcome **Knick Knack and Doo Dad Reasons to be Cheerful** (13 July),

My Brother the Robot (28 July) and **How to Catch a Star** from Blunderbus Theatre Company to The Atkinson this Summer.

Big Imaginations Children's Festival

As part of our children's theatre programme, this October half term The Atkinson hosts the very first Big Imaginations Children's Festival (19 October – 3

November). Join us for a jam-packed programme of theatre, workshops, films, author events and family activities.

We have shadow puppetry with **The Ice Book**, a tale of **Luna and the Moon, The Elephant Bridesmaid** and we say ahoy to **Treasure Island!**

In an event in association with Waterstones Bookshop, authors **Cathy Cassidy** and **Jon Mayhew** will be reading and signing their

work and Southport Library will be running their popular pre-school activities as well as school holiday craft events. Not to mention a screening of **The Corpse Bride** ready for Halloween.

Exhibitions

The Atkinson visual arts exhibition programme will be in full swing from 7 September in the newly refurbished galleries. The first exhibition is **Love Stories: Romance, Obsession & Heartbreak** and will include lots of fun activities for families to join in with.



ay out on your doorstep

Family Screenings

The monthly screenings are just £1.50 per ticket and this includes a free drink for children.

Next season's films to put in your diary, **Wreck-it Ralph**, **The Croods**, **How The Grinch Stole Christmas** and **Monsters Inc.**

Children's Workshops

Creative Station are new fun and messy children's arts sessions led by Naomi Savory at The Atkinson. They take place regularly both in term time and holidays so keep an eye on the website and in the brochure for when they are taking place.

Full details and costs are available from Naomi on 07933 751 210 or via email: naomisavory@thecreativestation.co.uk.

If you are interested in finding out more about The Atkinson and its family offer or would like to book tickets for an event, why not join the mailing list?

THE ATKINSON

Online: theatkinson.co.uk
Box Office: **01704 533 333**
Email: info@theatkinson.co.uk

We are also on Facebook (The Atkinson) and Twitter (@AtkinsonThe) so would love to hear from you ... we look forward to welcoming you soon!

The Bakery

The Bakery offers visitors, big and small, the chance to enjoy homemade scrumptious cakes, biscuits and refreshments that keep the whole family full on their visit.

Opening later this summer it will be a bright and welcoming place to take time out with the family to enjoy fresh, local and top quality food in a unique environment. Whether for a light bite, snack or a coffee and a cake!



The Museum

The Atkinson Museum is set to open in June 2014 and will display the Goodison Egyptology Collection.

Families can enjoy tales of the Nile and see Egyptian exhibits not seen in over 40 years in the specially designed space that will amaze and delight children of all ages and their families.



Woodlands Animal Sanctuary needs you

The sanctuary is a charitable trust created in 2005 to care for unwanted and neglected animals.

Looking after over 350 animals, our running costs are up to £400 per day.

Since many animals that arrive at Woodlands are ill, abandoned or separated from families, we see it as our duty to make them feel special again.

Some animals have endured the worse abuse imaginable. So, after nurturing them back to health, the sanctuary spends much of our time trying to re-home these loving pets.

Sadly, some of our animals cannot be re-homed, due to ill health or old age. These special animals will live out there lives at Woodlands with dignity.

If you'd like to help, they always need volunteers, fundraising ideas and sponsorship. They'd love to hear from you so give them a call on 01704 823293.

Woodlands Animal Sanctuary

Family Fun Day

Sunday 1st September

11am-4pm • Child/OAP £2.50 • Adult £4

Sandy Lane, Holmeswood • L40 1UE

Magician • Fun Dog Show • Meet New Ponies
Mad Taekwondo • Base Dance • Hug A Husky

Pygmy Hedgehogs • Face Painting

Donkey Rides • Ferret Racing

Agility Display Team • Archery • Alpacas

Bouncy Castle & Slide • Birds of Prey

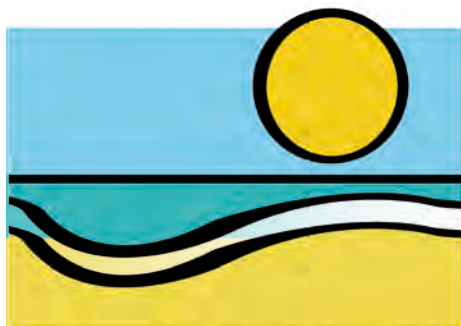
Spider Climbing Frame with Climbing Wall

Stalls Galore and so much more



All profits raised will go directly to supporting the sanctuary

Woodlands Farm, Sandy Lane, Holmeswood, L40 1UE.
Telephone: 01704 823293. Registered Charity no. 1108626



SEFTON COAST LANDSCAPE PARTNERSHIP



Prehistoric footprints, wonderful wildlife and open spaces galore, the Sefton Coast is incredible.

Find out about its fascinating history this summer through a long list of events hosted by the organisations that manage this amazing landscape's woodland, dunes and beaches.

How can you discover the tracks of a wild ox the size of an ice-cream van?

Where can you find the frame of a cotton trading ship wrecked 130 years ago?

Why do the toughest of wading birds fly thousands of miles to visit us?

You can find the answers to these questions, and many more besides, along our fabulous coastline, and with events and guided walks taking place throughout the summer holidays, there's always something new to discover.



Supported by
The National Lottery
through the Heritage Lottery Fund



www.ch.visitsouthport.com/seftons-natural-coast/seftons-landscape-partnership

A coastline bursting with summer fun

from Bootle to Southport



From the Devil's Hole to an army of Iron Men, don't miss out on all the Sefton Coast has to offer this summer – let the coast bring out your hidden pirate, explorer, cyclist or naturalist with an exciting calendar of events!

Beautiful birds, amazing archaeology, stunning squirrels, fabulous flowers, lovely landscapes – there's something for everyone!

Many of the events hosted by the partners who look after the coast and our wild places are free, so make sure you don't miss out this summer.



For full details of events:

 www.facebook.com/seftoncoast

 www.twitter.com/the_seftoncoast

 www.ch.visitsouthport.com/seftons-natural-coast/seftons-landscape-partnership

 landscape.partnership@sefton.gov.uk

 Sefton Council

Phone us on 0151 934 2964



telling
tales
the art of
indian storytelling

24 May to
8 September 2013

FREE ENTRY

liverpoolmuseums.org.uk

**World
Museum**

National Museums Liverpool
Museums Liverpool National
Liverpool National Museum

National
Museums
Liverpool

MLAPFEST
UNITING HEARTS THROUGH ARTS



@world_museum

Let's make some Chocolate Crispies

Here's what you need:

- A large bar of milk chocolate
- A box of crisped rice breakfast cereal



And here's what you do:

Melt the chocolate on low power in the microwave or in a bowl over a pan of boiling water – be careful not to knock the pan over when removing the bowl!

Add crisped rice. Keep adding and mixing until all the rice is coated and there's not too much spare chocolate. It should be an even mix.

Put spoonfuls into paper cases and leave to set. For variety, add *hundreds and thousands* to the mixture, or top with some coloured sweets.

There's a new purple monster in town!

Purple Monster is a new children's indoor and outdoor play centre in Crosby.

They have a fabulous new Playframe with Ball Zone, Bubbles Sensory Corner and Magic Music and have just opened an outdoor garden and play area.

They also have an extensive menu with freshly made food and serve beautiful Illy coffee and home made cakes.

Purple Monster also have a hair salon that caters for both children and adults alike. You can have children's parties with different options to choose from plus a visit from the Purple Monster.

They can also arrange bouncy castles and pamper parties ... see www.purplemonsterplaycentre.co.uk for more details.

Purple Monster pride themselves on making your visit a happy, relaxed and personal experience.



PLAY CENTRE

NEW OWNERS • COMPLETELY REFURBISHED

**FABULOUS NEW PLAYFRAME
WITH BALL ZONE**

**BUBBLES SENSORY CORNER
AND MAGIC MUSIC**

OUTDOOR AREA NOW OPEN

MEAL DEALS AVAILABLE

CHILDREN'S BIRTHDAY PARTIES

ADULT'S & CHILDREN'S HAIRDRESSERS

91-93 Victoria Road • Crosby • L23 7XY

0151 924 9083

Open • Mon-Sat 9am-6pm • Sun 10am-4pm

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Disco ★ Karaoke ★ Chill Out Zone
Snacks & Drinks Provided
Games (Supervised)
Party Bags Provided

Age 4-9 years ★ 20 Children Max
Party Time 1 hour 30 mins

Birthdays ★ Christenings
Weddings ★ Communion's etc.

We will give your children an unforgettable time, right on their doorstep

07824 872 159
www.redpartybus.co.uk

13023



The Ribble Steam Railway is based on the docks in Preston. Visitors can travel behind one of our restored steam engines in old-fashioned carriages, enjoying a three-mile return trip around the dock and along the riverbank, taking in views that can only be seen from the railway.

There's much more than just a train ride to enjoy; we have an extensive museum that houses a variety of industrial locomotives - some of which we invite you to get 'hands on' with - and a series of displays about the history of Preston Docks, its railways and its operation.

When you've visited the museum, why not relax with a snack and drink in our tea room and then have a look in our workshop, where you can see the work in progress on the many projects under way?

The railway is open every weekend and Bank Holiday from May to October, and also at Easter and on Sundays in April. In the winter, we have Santa Special trains running on weekends in December. We also have a number of special events throughout the year - call our Talking Timetable for more information.



Chain Caul Road, Riversway Docklands,
Preston, PR2 2PD Tel.: 01772 72 88 00
www.ribblesteam.org.uk



Ribble Steam Railway 2013 Special Events



July 20 & 21

Friendly Engines Weekends

August 24 - 26

Friendly Engines Gala Party - Our popular Friendly Engines events are a great day out for all the family! Watch as our popular engines come to life! Enjoy a ride behind a happy steam engine or grumpy diesel, and join in lots of other fun activities.

Steam train rides every weekend to end of September

September 14 & 15

Autumn Steam Gala

October 5 & 6

Diesel Weekend



October 26, 27 & 31

Halloween Specials - Dress up as witches and ghouls and ride on our ghostly steam trains for lots of spooky fun!



December 7, 8, 14, 15, 21, 22 & 23

Santa Specials - Meet Father Christmas on his special steam train! All children over the age of 6 months receive a present from Santa and his Elves and enjoy squash and biscuits, while the grown-ups can relax with a festive hot drink and a mince pie. What better way to get in the Christmas spirit?

Advance booking is essential for this popular event; visit the website for more information or look out for our special Santa leaflet, available from September.

TIME
TRAVELLERS

A FERRY

BRITISH

SUMMER

NEW!
EXHIBITION AT
SPACEPORT

CONQUER THE
CONNING
TOWER!
AT U-BOAT STORY

*Treat the whole family
from £20.50!**



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Facebook

 #ferrybritish

**MAKE A DAY OF IT
HOP ON, HOP OFF**

**MERSEY
FERRIES**



+



+



 **merseyferries.co.uk**  **0151 330 1444** 



*Price based on two adults and up to three children on River Explorer Cruise only.

Characters created by Hyde Fundraisers to raise funds for BBC Children in Need and other nominated charities.

Exciting prospects at Merseyrail Community Stadium



Southport Football Club have an exciting season ahead under new manager Alan Wright at the Merseyrail Community Stadium. Ex Aston Villa and Blackburn Rovers Premier star Wright wants your support as the Sandgrounders look towards a successful season.

Wright has brought in new 'Port players this summer to strengthen a talented squad. So its all systems go for the Sandgrounders. Alan Wright said to 123GO "The Yellow Birds Club is a fantastic initiative and we all want you to come and enjoy supporting Southport Football Club.

"Make plenty of noise, get behind our players and watch us win. That's the aim!"



ACH Group
WORKING FOR YOU

Merseyrail

RAMADA
PLAZA
Southport

BNI

Southport Football Club



Home Friendlies at Merseyrail Community Stadium

Saturday 13 July Blackburn Rovers 3pm Saturday 27 July Fleetwood Town 3pm

Saturday 20 July Chesterfield 3pm Saturday 3 August Everton 3pm.

FREE FUNCTION ROOM

01704 530182 or 07976 555782

Free entry for junior school pupils to all league matches

£55 season ticket for 12-18 year olds.



FREE ENTRY to 'Port FCs matches

123GO! is happy to report on some really exciting news for young football fans.

Starting this September, Primary School children can watch all Southport FC Football Conference League matches FREE of charge.

For the first time in the club's long history, Southport FC have launched a young supporters club. It is called Yellow Bird Club and is especially for primary school boys and girls. Sponsored by Champion Newspapers the Yellow Bird Club is designed to encourage young supporters and to help create a family friendly atmosphere at the Merseyrail Community Stadium.

Haydn Preece, Community and Commercial Director explained that being a member of the Yellow Bird Club means boys and girls aged eleven and under are welcomed at the Merseyrail Community Stadium as VIPs. Members are allowed to watch all the Football Conference

League games FREE of charge and, providing there is one paying adult, members can also invite all their friends along too. "All the more the merrier." said Haydn, "Support the 'Port."

He went on to explain, "Yellow Birds receive a personal membership card that gets them into the game, it also qualifies members for a 5% discount off selected items in the club shop and for fans who enjoy writing about football games there is a chance that they could see their match report published in the Champion".

Haydn tells us that Yellow Birds will be allowed to take part in organised friendly games during half time intervals at home games via your Primary School or local junior club.. He hopes this will encourage boys and girls onto the pitch to show off their skills and enjoy lots of crowd support. Another great reason to be a Yellow Bird is that Yellow Birds will be selected as Matchday Mascots.



Southport FC are planning lots of competitions and exciting football moments for their Yellow Birds throughout the season so be sure you get your membership card which are available through your school or from Southport FC direct.



The club is very proud of its work in developing Community Programmes which receive match funding from the Football Conference Community Trust backed by the Professional Players Association and the Premier League. The Yellow Bird Club is a great example of how Southport FC and Champion Newspapers make a great team. "By working together this way we can be even more active and supportive in the community" said Haydn.

New Movie Releases

Percy Jackson: Sea of Monsters

To save their world, Percy and his friends must find the fabled and powerfully magic Golden Fleece.

Embarking on a treacherous odyssey into the uncharted waters of the Sea of Monsters (known to humans as the Bermuda Triangle), they battle terrifying creatures, an army of zombies, and the ultimate Evil.

Watch the trailer at:
<http://youtu.be/DSssIFYRBL4>

Images: © 20th Century Fox



The Smurfs 2

The evil wizard Gargamel creates a couple of mischievous Smurf-like creatures called the Naughties that he hopes will let him harness the all-powerful, magical Smurf-essence.

But when he discovers that only a real Smurf can give him what he wants, Gargamel kidnaps Smurfette and brings her to Paris, where he has been winning the adoration of millions as the world's greatest sorcerer.

Watch the trailer at:
<http://youtu.be/vQbSGLaVJ5c>

Images: © Sony Pictures



The Lone Ranger

Native American spirit warrior Tonto recounts the untold tales that transformed John Reid, a man of the law, into a legend of justice.

An all-star cast has been brought together to recreate the timeless classic story of "the masked man" ... Johnny Depp, Armie Hammer, Helena Bonham Carter, Tom Wilkinson, Ruth Wilson and James Badge Dale.



Summer 2013

The Heat

Uptight FBI special agent Sarah Ashburn (played by Sandra Bullock) is paired with testy Boston cop Shannon Mullins (Melissa McCarthy) in order to take down a ruthless drug lord.

There's just one little hitch ... neither woman has ever had a partner -- or a friend for that matter.

Watch the trailer at:

<http://youtu.be/c-KKx0lcn2A>

Images: © 20th Century Fox



Grown Ups 2

Lenny has relocated his family back to the small town where he and his friends grew up.

This time around, the grown ups are the ones learning lessons from their kids on a day notoriously full of surprises: the last day of school.

Watch the trailer at:

<http://youtu.be/YhOWtVElqfw>

Images: © Sony Pictures



The Lone Ranger is our **STAR CHOICE** of summer releases in 2013 as it will entertain kids and parents alike.

Watch the trailer at:

<http://youtu.be/9Zv9fgSrP-0>

Image: © Disney

Learn to sing, dance and act

Stagecoach Ormskirk has been providing quality part-time training in singing, dancing and acting for 7 years.

As part of the longest running and most successful children's performing arts schools network in the world Stagecoach Ormskirk is more than just a stage school, theatre school or drama school.

We are proud to offer a full and rounded education, teaching life skills to build confidence and stretch imaginations through singing, acting and dance classes.

Our Early Stages sessions are suitable for 4-6 year olds and act as a gentle introduction to the main schools. In the Main Schools children and teens aged 6-18 years, learn to sing, dance and act on Saturdays during term time.

For children already doing drama in school, Stagecoach complements the skills learned by improving diction, concentration and improvisation technique. For those not already involved with drama in schools, our drama classes are perfect for building confidence, introducing role play techniques and memorising scripts.

Stagecoach Ormskirk covers the areas of Tarleton, Hesketh Bank, Ormskirk, Aughton, Burscough, Maghull and Skelmersdale so if you are looking for dance classes, singing lessons or acting classes for young people, Stagecoach has it all and under one roof!

All Stagecoach teachers are CRB checked and have access to ongoing training.

Our Early Stages classes run alongside the main Stagecoach schools for children aged 6-18 years. The Early Stages class is split up into three 30 minute sessions, lasting 90 minutes in total. The class sizes are kept small (15 max) to enable every child to get the most from the skills that they are taught.



Sing

Children learn to identify where and how sound is formed in their bodies through their singing lessons. They discover the importance of timing and rhythm, improving diction, while learning lyrics to popular and fun songs. And, of course, they get the chance to perform them!

Dance

In the dance classes, motor skills are refined along with balance and coordination. Simple dance moves allow the children to express themselves freely while working in group.

Drama

Building on the exciting imaginations of young children, the drama classes are full of ideas to take children on the wildest of journeys.

Social skills are also learned and young kids gain the tools to enable them to share and be giving. As they grow and develop, children find it easier to express themselves physically and emotionally.





Early Stages Classes
Ages 4-7 yrs old
**LIMITED PLACES
NOW AVAILABLE
BOOK YOUR 2 WEEK
TRIAL NOW***

*T&Cs apply
New Term Starts
September

Stagecoach Ormskirk

For a Prospectus and
more details of
Early Stages classes at
Stagecoach Ormskirk

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or email:
ormskirk@stagecoach.co.uk

The original,
largest and **STILL**
the best network of
performing arts schools
in the world.

Nurturing and
developing young
people's potential
through dance,
drama and singing.

For 4-18 year olds
at weekends.

www.stagecoach.co.uk/ormskirk



SING! DANCE! ACT NOW!



Theatre Arts Schools
Stagecoach



Tigger's Tips for feeling tip top!

Bouncing is what Tiggers do best!

Tigger will be encouraging audiences to get out of their seats and enjoy bouncing, singing and dancing when **Disney Live! Mickey's Rockin' Road Show** comes to EchoTwo @ Echo Arena Liverpool from 1st-4th August.

Tigger is certainly one excitable creature, and has lots and lots of energy. We caught up with him in between bounces to ask how he managed to stay fit and healthy and stay tigger-riffic!

Q: Tigger, you are famous for having fun and bouncing, why do you bounce so much?

A: 'Cause bouncin's what Tiggers do best! And besides, bouncin' makes you smile and a smilin' Tigger's a happy Tigger!

Q: What's your favourite snack to refuel yourself after bouncing?

A: Well, I'll tell you what I don't like: Thistles! They're hot! Yuck! But I do like vegetables from Rabbit's garden from time to time – carrots, celery, lettuces.

Q: Everybody says that it's really important to drink lots of fluids while exercising to stay hydrated; what do you like to drink after bouncing?

A: Water, water, water! Oh, and milk sometimes too. Say, a "hydrated" isn't like a Heffalump is it? (gasp) Or a Backson?! They're frightenin'.

Q: Do you eat a big breakfast to give you energy for bouncing? Perhaps porridge and fruit?

A: Well, sure I do! Eatin' breakfast is what Tiggers do best – besides bouncin', of course!

Q: What other fun activities do you like to take part in?

A: Let's see... well, I like bouncin' and playin' Pooh Sticks and bouncin' and goin' on expotitions and... did I mention bouncin'?

Q: You must use up lots of energy at Disney Live! Mickey's Rockin' Road Show. Most people need about eight hours sleep every night. Do you ever get tired?

A: Nope. Tiggers never get tired 'cause we're bouncy, troucy, flouncy, pouncy, fun-fun-fun – (snoring).

Q: Tigger? Tigger? Goodness, looks like he's started his eight hours right here and now.

We'll let him sleep. Thanks Tigger.



If you or your child becomes ill this Summer you can get help here...

GP and GP out-of-hours

- Your GP is available from 8am to 6.30pm weekdays with same day appointments available if necessary
- Ear, nose, throat, chest infections and vomiting & diarrhoea are common over Easter. Your GP is there to help if these illnesses are persisting and you are getting concerned
- When the surgery is closed, you can still see a local GP with the GP out-of-hours service, just contact your practice number to access the service. Personal care when it just can't wait



Pharmacist

- Friendly, confidential, expert advice and treatment of everyday health issues
- Local, near to where you live
- Open early till late, no appointment needed!

Looking Local

- Your local TV information channel for Health information and services. Sky TV page 539. Virgin Cable TV, press Interactive button, select News & Info, select Looking Local.
- www.lookinglocal.gov.uk/nhssefton

www.nhs.uk

- Find GPs, pharmacies and dentists in you area
- The largest health website in the country with information about hundreds of health issues



New BluRay/DVD Releases

Oz The Great and Powerful

When Oscar Diggs (James Franco), a small-time circus magician with dubious ethics, is hurled away from dusty Kansas to the vibrant Land of Oz, he thinks he's hit the jackpot-fame and fortune are his for the taking-that is until he meets three witches, Theodora (Mila Kunis), Evanora (Rachel Weisz) and Glinda (Michelle Williams), who are not convinced he is the great wizard everyone's been expecting.

Watch the trailer at:

<http://youtu.be/DyIlgNj4YQVc>

Images: © Disney



The Odd Life of Timothy Green

An inspiring, magical story about a happily married couple, Cindy and Jim Green (Jennifer Garner and Joel Edgerton), who can't wait to start a family but can only dream about what their child would be like. When young Timothy shows up on their doorstep one stormy night, Cindy and Jim and their small town learn that sometimes the unexpected can bring some of life's greatest gifts.

Watch the trailer at:

<http://youtu.be/mMSkbH0LuTc>

Images: © Disney



Toys in the Attic

The world of the attic is divided into the land of happy toys in the West and the Land of Evil in the East. The despotic Head of State rules over the Land of Evil with a band of sinister minions, insects and rotted vegetables.

When the lovely Buttercup is kidnapped and held prisoner by The Head, it is up to her friends - a teddy bear, a mechanical mouse and



Summer 2013

Wreck-it Ralph

Ralph is tired of being overshadowed by Fix-It Felix, the "good guy" star of their game who always gets to save the day. But after decades doing the same thing and seeing all the glory go to Felix, Ralph decides he's tired of playing the role of a bad guy.

He takes matters into his own massive hands and sets off on a game-hopping journey across the arcade through every generation of video games to prove he's got what it takes to be a hero.

Watch the trailer at:

<http://youtu.be/vf4r5q8-aWo>

Images: © Disney



Rise of the Guardians

A group of mythical fairy-tale characters team up to save the world in this DreamWorks Animation production.

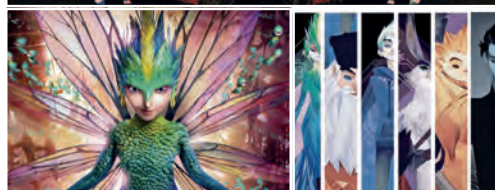
Based on William Joyce's series of children's books, the pic features the voice-acting talents of Chris Pine, Hugh Jackman, Alec Baldwin, Jude Law, and Isla Fisher.

Peter Ramsey co-directs with Joyce.

Watch the trailer at:

<http://youtu.be/yd71LWhCO4s>

Images: © DreamWorks



marionette puppet to cross the international boundary and attempt their daring rescue.

Voices include Forest Whitaker, Joan Cusack and Cary Elwes.

Watch the trailer at:

<http://youtu.be/qN4jivWZm6s>

Image: © Gébeka Films & Hannover House



by **bike** ... by **foot** ...
by **public transport**
**there's plenty
to see and do...**



Visit

Sefton & West Lancashire



Volunteer Opportunities are available as part of the project
contact **01704 501024 ext. 223** for more information.
www.visitseftonandwestlancs.co.uk



VISIT Sefton and West Lancashire

there's lots of fun activities
for you to enjoy this summer...

OUR area is the North West's best kept secret, crammed full of extra special days out for all to enjoy. With historic buildings, miles of beautiful waterways, unspoilt beaches and nature reserves and the most fabulous food and shopping experiences, we hope to inspire you with some ideas on how to get the most out of your visit to our beautiful boroughs of Sefton and West Lancashire.

From the classic resort of Southport to the bustling market town of Ormskirk, from the beautiful rugged sand of Sefton's Natural Coast to the cultivated farmland of Lancashire with views stretching to the horizon, and from the many public rights of way and cycle ways, not forgetting the winding Leeds Liverpool Canal, we have something for everyone to enjoy.

Best of all, we have superb green travel opportunities, our area is easily accessible by bus and train, and we have some great walking and cycling routes for you to enjoy. If you are visiting Southport, Kew Park and Ride is the perfect place to park – details of opening times can be found on our website.

Cycling is the perfect way to explore Sefton and West Lancashire. Whether you bring your own bike or choose to hire one from one of our cycle hire centres – there are many wonderful opportunities for you to cycle around the area and visit the fantastic places we have in Sefton and West Lancashire.

Be sure to look out for our programme of activities for you to enjoy, we have some beautiful organised cycle rides, some historical walks, wonderful sites, including some which are not normally accessible to the public, and a fabulous Free Fathers Day treat when we launch our new cycle route between Southport and Wigan Piers, stopping at Burscough Wharf for a fantastic family fun day.



Details of all our events are available on our website, as well as ideas for some great days out. Have a look, you never know what great things you may find.



Visit
Sefton & West Lancashire

www.visitseftonandwestlancs.co.uk

Visit – Visitors in Sustainable Integrated Transport
Funded by the Department for Transport
through the Local Sustainable Transport Fund

New Children's Books

The Boy in the Dress

by David Walliams (Illustrated by Quentin Blake)

The sparkling debut children's novel from David Walliams, number one bestseller and fastest growing children's author in the country, with sparkling new cover look to tie in with later books.

Dennis was different.

Why was he different, you ask?

Well, a small clue might be in the title of this book...

Charming, surprising and hilarious – The Boy in the Dress is everything you would expect from the co-creator of Little Britain.

David Walliams's beautiful first novel will touch the hearts (and funny bones) of children and adults alike.



We found this as a paperback (£6.99) and in audiodisc, audio download and Kindle® versions

What's Happening to Me?

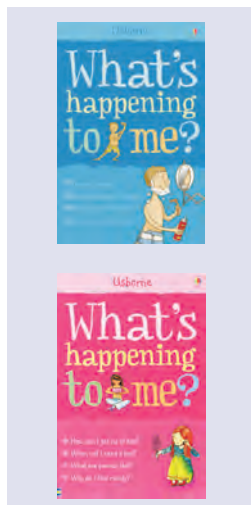
by Alex Frith (Illustrated by Nancy Leschnikoff)

Sensitive, detailed and informative guides to puberty, invaluable for youngsters and parents alike, tackling key subjects including physical changes.

Bright, stylish original colour illustrations and diagrams reveal everything adolescents need to know about the changes they experience as they near puberty.

Written in a witty yet factual and clear style that makes this confusing and tricky subject approachable.

Not surprisingly, there's one edition for Boys and another for Girls.



We found these as paperbacks (£7.99 each) and Kindle® versions

How to get your children to read books

Try some positive reinforcement to kick-start the reading process. Make a list of five or 10 books you and your kids can read at the same time, and create a chart to keep track of how far you're both getting.

Whether it's two pages or 200, any

progress is progress worth noting.

Kimber Brown, a programme director for Teach for America, says the incentive to read is different for every child. "For anyone to be motivated to do anything, they have to believe two things: they have to believe they can do it, and they have to want to do it,"

Kimber says. Some kids may be motivated by a sticker on the chart, while others may need the promise of a more tangible prize, like a trip to the community pool or zoo,

Summer 2013

Louie & Lilly's Nap Time: Bedtime Story Books for Kids (Rhyming Children's Books)

by David Scott (Illustrated by Leo Lätti)

Lovable yorkie puppies Louie and Lilly are very sleepy after playing all morning, so they set out on a quest to find the best places to nap. With 36 beautiful illustrations and a fun, alternating rhyme scheme, this is an adorable children's book to read aloud for nap time, bedtime or any time.

Preschoolers will engage with the sweet nursery rhymes and lush artwork, and older kids can read right along. This rhyming picture book for kids may soon become one of your favorite children's bedtime stories.

We found this as a paperback (£5.99) and a Kindle® version



Four Children and It

by Jacqueline Wilson

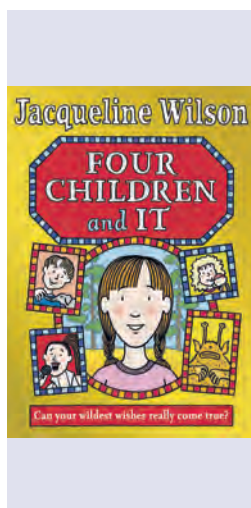
Four Children and It is the number one bestseller from Jacqueline Wilson, the award-winning, bestselling creator of Tracy Beaker, Hetty Feather and The Illustrated Mum.

A funny and heartwarming story of four children who discover an extraordinary way to make wishes come true, Four Children and It is inspired by E Nesbit's classic, Five Children and It.

Fans will be gripped by the relationship between step-sisters Rosalind and Smash, just as they love the story of sisters Jodie and Pearl in My Sister Jodie or Lily and Pixie in Lily Alone.

Jacqueline Wilson has won many awards for her writing, including the Guardian Children's Fiction Award and the Children's Book of the Year.

We found this as a paperback (£6.99) and in audiodisc, audio download and Kindle® versions



to catch their attention. However, Thom Barthelmess, president of the Association of Library Service to Children, cautions parents against promising TV time in exchange for reading. "Kids are smart and they're paying attention, and the message we want to give them is that reading is its own reward.

"When we [offer TV as a reward for reading], we show them that reading is what you do to get something really valuable, like watch TV," Thom says.

The biggest motivator for children is often as simple as knowing that adults are rooting for their success. When you hear a young reader struggling with a new word, remind her of the words she's already learned. "What helps a child get through those certain roadblocks ... is having someone who's constantly on their side letting them know they can do it."

Read more online at:

www.oprah.com/oprahsbookclub/_74

Check-up on school time works for parents, survey reveals

It may prove to be unpopular with teachers, but a recent survey has revealed parents are most likely to take their child to the dentist during school hours.

Conducted by the British Dental Health Foundation, three in five people (60 per cent) said they would most likely take their child to the dentist during school hours. Three in ten (31 per cent) would opt to go during the school holidays while less than one in ten (9 per cent) would do during the weekend.

Although many local oral health promotion teams and local dental practices forge partnerships with schools, there is no substitute for visiting the dentist. The latest dental health statistics³ for children showed one in three (31 per cent) five-year-olds in England suffered from tooth decay.

Chief Executive of the British Dental Health Foundation, Dr Nigel Carter OBE, emphasises the importance of regular check-ups, particularly for children.

Dr Carter says: "More and more practices are taking the needs of school children into consideration with how they schedule their appointments. Later and weekend opening hours mean parents can take their children to the dentist without the need for skipping school attendance. The school holidays are also a great time to take your child for a check-up.

"Not only will regular visits to the dentist acclimatise your child to the surroundings, they will give the dentist the opportunity to identify any oral health problems that may be developing.

"Early childhood experiences determine a child's dental health needs for the rest of their lives. Taking your child to the dentist regularly can save huge sums in healthcare later in life by reducing the number of avoidable treatments they might require."

For any help or advice regarding your children's teeth, please contact the Dental Helpline on 0845 063 1188, alternatively, you can view the Foundation's 'Tell Me About: Children's Teeth' patient information leaflet.

The British Dental Health Foundation is an independent charity that along with its global arm, the International Dental Health Foundation, is dedicated to improving the oral health of the public by providing free and impartial dental advice, by running educational campaigns like National Smile Month and by informing and influencing the public, profession and government on issues such as mouth cancer awareness and water fluoridation. Visit www.dentalhealth.org for more information.



Discover treasures from around the world, explore outer space and meet live creatures ... all free!

World Museum is the oldest of the museums and galleries operated by National Museums Liverpool. It first opened on 8 March 1853!

Here you can take a spectacular journey through space and time in the out-of-this-world Planetarium, or take a dip into the underwater world by visiting the amazing Aquarium. You could also get up close to creepy crawlies at the incredible Bug House – if you dare!

There's so much to see at the museum, from Egyptian mummies and Samurai armour to dinosaur casts and a meteorite from Mars.

What's more, a fantastic programme of fun, free activities will run throughout the summer.

Perhaps you'll learn the art of traditional Indian folk dance, or try your hand at making a Javanese shadow puppet... there are lots of ways to get hands-on and interactive.

All of the World Museum's exhibitions, events and activities are free of charge. The museum, located on William Brown Street, is open daily from 10am – 5pm and also houses a free indoor picnic area, cafés and shops.

For the full events and exhibitions programme, visit liverpoolmuseums.org.uk



Try cycling - it's great fun!

Cycling, whether it's a day to day activity or an occasional adventure, is a great way to help keep you and the rest of the family healthy.

Getting on our bikes more often can help us on the way to making the small changes that can bring short and long term benefits to your health, the environment and your purse.

Cycling is something that really is so simple. All you need is a roadworthy bike and some basic safety gear and then all it just takes a little bit of practice!

Cycling can be enjoyed by most people whatever their age. But, by encouraging kids to cycle from an early age and getting them to take their 'Bikeability' test, will equip them with a skill for life.



There are so many choices for where your bike adventure might take you! You could visit a play-park, the funfair, the beach or perhaps the cinema.

If the weather's nice maybe you could even take a picnic. If it's less sunny, a nice warm café or family-friendly pub will do the trick for a quick pit stop.

Half the fun of a bike-trip is deciding where to go. The internet is a great tool for planning trips and there are plenty of useful sites where families can find out about nearby cycle routes that suit their level of ability.

Local cycle groups are a great place to meet fellow cyclists and make new friends.

Cycling is something the whole family can enjoy

Most of us played on bikes when we were growing up, and we can all remember how much fun it was. Today, there are often concerns about safety but, with a bit of planning, it is often possible to find routes that avoid busy roads.



There may also be bike clubs in your area that your children can join and explore in the safety of a larger group, giving you a bit of free time as well.

When it comes to getting on our bikes as a family, having fun is key.

Start slowly and keep the first few trips short or take regular breaks, because one mile can seem like five to tired little legs!

Reach for the skies!

Once the summer season draws to a close, Southport continues to thrive throughout September and October with the Southport Air Show and the British Musical Fireworks Championship.

The **Southport Air Show** takes place on Saturday 14th and Sunday 15th September on Southport Seafront. As one of the biggest air shows in the North West, visitors will be treated to roaring fast jets, graceful memorial flights, real life rescue re-enactments, parachute jumping, the famous Red Arrows and the one and only Vulcan bomber, plus much more. This is a weekend for the entire family, young and old alike, a weekend of all things aviation! Tickets are only £7* if booked in advance, plus children under 5 FREE!!

Once the dark nights come Southport gears up for one of the most prestigious firework competitions in the UK!!

The British Musical Fireworks Championship, Friday 4th to Sunday 6th



October at Victoria Park, is no ordinary fireworks display, as the sky bursts into light and the music starts the audience is amazed by the complete synchronisation to the music.

To win the competition, each competitor is required to synchronise their display

to music, making each display extraordinary - this event one of a kind in the UK!

Tickets start from only £5* if booked in advance and children under 5 are FREE!!

This is not just an ordinary firework display; this is seven breathtaking, jaw dropping displays with only one winner!

For more information see both www.southportairshow.com and www.visitsouthport.com

SOUTHPORT AIR SHOW

14 - 15 SEPTEMBER

SOUTHPORT SEAFRONT - GATES 9AM

SCAN TO
BUY TICKETS



£7*

ADVANCE TICKETS • UNDER 5's FREE

southportairshow.com

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Sefton Council



SOUTHPORT

ENGLAND'S CLASSIC RESORT

*Advance tickets can be purchased until: Online - Friday 13th September 2013 at 12 midnight / Mobile App - Friday 13th September 2013 at 12 midnight / Counter sales - Friday 13th September 2013 at 5pm / Telephone - Wednesday 11th September 2013 at 12 noon. Tickets thereafter are available on the gate at £9 per person. Online tickets will be subject to a surcharge at 4.5%. All children under 5 years of age will be admitted free with an accompanying adult.

Opening your child's eyes to better vision

All parents know that as their children are developing, regular health checks are an essential part of them growing up to be happy and healthy adults.

A child's eyes are one of the areas that a parent should keep a regular check of, and by simply consulting a local optician, any issues they are concerned about can be quickly dealt with and treatment provided.

Children can suffer from a number of visual difficulties and a lack of prompt treatment could

lead to them developing long term problems.

Thankfully, serious vision problems during childhood are rare, but having your child's eyes tested at an early age allows an optician to diagnose and treat any potential issues as soon as possible.

Children accomplish as much as 80% of learning through sight during their first 12 years. So help them do their best at school and have your child's eyes tested at Specsavers.

Remember, eye tests

are free with an under-16s' NHS optical voucher.

Specsavers has just launched its new Moshi Monsters range of corrective eyewear for kids, meaning your child could soon be the envy of their friends by wearing a new pair of monster-style frames!

To check out the range or book an eye examination at Specsavers in Southport, please call 01704 501 944 or visit **www.specsavers.co.uk/stores/southport**.





**NOT
FRAGILE**

NEW SUPERTOUGH LENSES FREE IN OUR KIDS' GLASSES

Our new SuperTough single vision lenses are made from Trivex, a material so tough, we guarantee they'll never break, crack or chip. They're also scratch-resistant, lightweight and provide 100% UV protection. They come free in glasses as standard for under-16s who have an NHS optical voucher.

19 Eastbank St, SOUTHPORT 01704 501944
3 The Cloisters, Halsall Lane, FORMBY 01704 832311

Specsavers

FREE
ENTRY



Southport PLEASURELAND

WWW.SOUTHPORTPLEASURELAND.COM

SAT NAV - PR8 1RX



Bigger, better and brighter!

Southport Pleasureland has never been bigger, better and brighter.

With new feature rides from white knuckle excitement through to something gentler for the little ones it's going to be fun throughout a summer packed with treats, thrills, rides and amusements.



Clean, tidy, freshly landscaped and brimming with colourful hanging baskets Pleasureland offers around 100 rides and amusements for families and groups of friends with rides for every member of the family and plenty to interest teenagers looking for something to test the nerve.

After yet another consecutive year of spruce-up investment, the park has now confirmed its position as Southport's anchor attraction

and a big draw for families.

Admission at the park remains free ensuring that a day at Pleasureland is always great value and can be tailored to everyone's budget.

The rides 'landscape' at the park is constantly changing so there's always something new to try.

Alongside the rides there

is the park's refurbished indoor Casablanca family entertainment space. Casablanca Showbar is packed with amusements and newly available for children's party bookings.

Complete with a terrific soft-play area it is currently home to regular free magic and illusion shows and offers a lively games arcade.

As well as rides for all ages (height restrictions apply) sits the high octane sea-front Kart Track (drivers



1.3m+) and, after whizzing about the test track, there are plenty more thrills, chills and spills. Try Southport Pleasureland's famous ghost train – for the thrills – any of the refreshment outlets for a chill out and, if you touch lucky, the arcade for the spills – hopefully not too many as you use your skill and judgement to notch up some first class performances on amusement arcade classics!

Rides are priced to suit every budget and the park is open from 12 noon weekends, school and bank holidays (subject to weather conditions).



To find out more follow our official **Southport New Pleasureland facebook page** and 'like' us for a chance to win 'Fan of the Week' and a VIP all free rides day at the park!

Summer school



A week of creativity, fun and performance with the Liverpool Everyman and Playhouse Theatres. If you have a child between the ages 7-13yrs and need to amuse them over the summer holidays then the Everyman and Playhouse Summer School is a perfect way to do this - and give them some great skills at the same time.

At the summer school, children will build confidence, communication skills and acting skills – whilst making new friends and stretching their imaginations. Professional theatre practitioners will use acting exercises and games to develop skills in Voice, Movement, Improvisation and Storytelling, culminating in a short performance piece at the end of each week.

For dates and prices please contact the Box Office on 0151 709 4776 or visit www.everymanplayhouse.com



TARLETON ACADEMY CAMPS

Week Commencing 5th & 12th August 2013

Monday - Friday from 9am to 5pm

For All Young People Aged 5 - 11

Sport . Art & Crafts . Performing Arts .
Swimming . Parties . Games . Much More ...

£12 per day or £50 per week
£6 per half day

9am-1pm or 1pm-5pm

To book contact Abbie Fairhurst on:

01772 812 644

a.fairhurst@tarletonacademy.org

www.tarletonacademy.org



Greenbank becomes Neverland

ABD PRODUCTIONS
From the writer and producer of the
smash hit 'Her Benny' comes
Anne Dalton's

Peter Pan

**TAKE PART IN
THE MUSICAL!**

**A UNIQUE SUMMER
THEATRE EXPERIENCE**

Suitable for
ages 7 - 18

**Perform with
Professionals**

**FROM PAGE TO STAGE
IN JUST ONE WEEK!**

Be a part of this lavish,
full scale production.

**Greenbank Theatre Southport
19th - 23rd August**

APPLY NOW!

www.abdproductions.co.uk
CONTACT: abd@abdproductions.co.uk
TEL: 01704 880607 / 01704 889360

ABD Productions' professional production of "Peter Pan" takes over Greenbank Theatre in Greenbank High School. With it comes a unique opportunity for youngsters in the surrounding area to join the cast and take part in a truly spectacular production this summer.

Whether performers have extensive previous experience or it is their first appearance on stage, this is the adventure of a lifetime!

This project goes from the page to the stage in just one week, ending with a full scale, professional performance open to the general public. This theatrical whirlwind takes place during the week beginning 19th August and the public performance takes place on Friday 23rd at 7.00pm.

The project's director, Anne Dalton, won the Whitbread Theatre Personality Award and The International Quest for New Musicals but is probably best known as being the writer of "Her Benny".

She will be joined by professional actors and fully qualified, CRB checked assistants.

The Summer Theatre Experience is open to everyone aged between 7 and 18 and offers the opportunity to develop existing skills and acquire new ones.

Those taking part will work alongside professional actors and have the experience of the music, action, large scale song and dance numbers, comedy routines, colourful sets and costumes. Some older talented dancers will be featured in specialist production numbers.

Application forms can be downloaded from www.abdproductions.co.uk, accessing the Summer Theatre Experience link or contacting ABD at abd@abdproductions.co.uk or telephone **01704 880607/889360**.

Pretty in pink idea is criminal

HARDENED criminals are such a scary bunch of people you'd expect them to wear the clothes to match.

So what would you think if you saw a group of them sporting nothing but pink underwear and handcuffs?

That's exactly what happened to one motley crew in America when they had to move to a new jail.

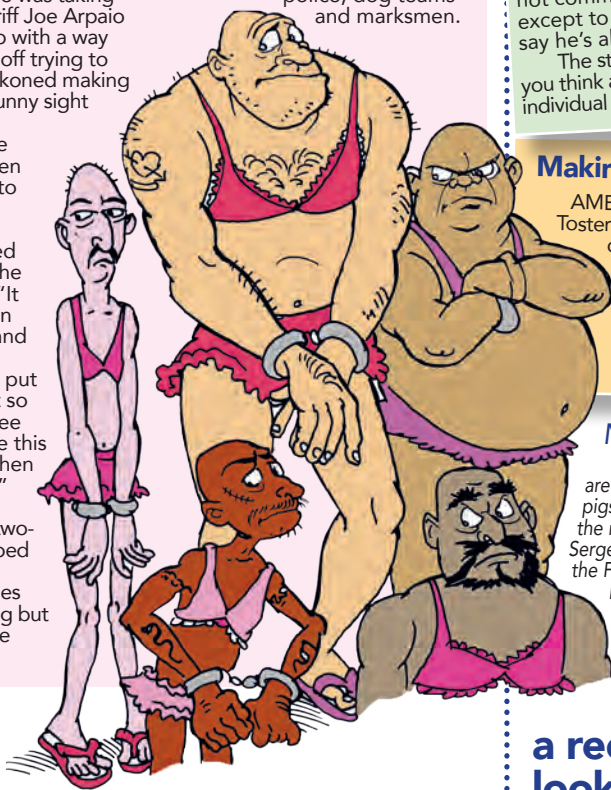
Knowing what an untrustworthy lot he was taking care of, clever Sheriff Joe Arpaio wanted to come up with a way of putting inmates off trying to escape, and he reckoned making them look such a funny sight would do the trick.

Humiliating the dangerous hard men by forcing them into shocking outfits would make them far too embarrassed to go on the run, the Sheriff explained: "It would also make an example of them and deter others from misbehaving too. I put them on the street so everybody could see them. They can see this is what happens when you break the law."

More than 700 inmates made the two-mile journey - dubbed the Walk-A-Cona - chained by the ankles and wearing nothing but their tattoos and the pink apparel.

After arriving at their new maximum-security home, there was an official opening ceremony where one of the prisoners cut a pink ribbon on the gates.

But despite the cunning pink plan, the Sheriff and his team weren't taking any chances, so during the transfer the prisoners were watched closely by police in helicopters, armed guards, mounted police, dog teams and marksmen.



Why did the boy put lipstick on his pillow?

He wanted to make up his mind!

Why did the baby strawberry cry?

Because his parents were in a jam!

Driving a holy bargain

ONLINE bids for a car once owned by Pope Benedict XVI have reached more than £40,000. Benjamin Halbe bought the car for £6,800 in January. He said: "The cardinal never had an accident in it and neither did I. It must be blessed."

The nest kind of art

CHINESE performance artist Ye Fu is to live in a 10-metre high steel nest for a month in Beijing, not communicating with anybody except to send text messages to say he's alright.

The stunt is meant to make you think about the loneliness of an individual in modern society.

Making scents of Jesus

AMERICANS Bob and Karen Tosterud have created a scented candle based on biblical accounts of Jesus. They were inspired by a verse that says when Jesus returns to Earth his robes will be perfumed with myrrh, aloe and cassia.

New sport is hammy

RUSSIAN farmers are breeding long-legged pigs to meet demand for the new craze of pig racing. Sergei Spirin, president of the Federation of Sport Pig Breeders, said: "The swines get a carrot at the finish."

Sweet treats are a recipe for looking good

WOMEN at a Parisian health spa are diving into chocolate.

Treatments include a Chocolate and Cranberry Body Scrub, and a Toffee Chocolate Wrap.

Therapists at the scrummy spa say cocoa has anti-ageing properties.

The ultimate two-and-a-half-hour Decadent Chocolate Package costs £200 - now that's a lot to swallow!

Working yourself into a lather?

Washer cleans up

IT'S LONG been the case that housemates row about who gets to wash their grubby socks next.

Everyone, from students sharing dirty digs to husbands and wives putting to the test their so-called wedded bliss, has fallen into the trap of arguing over the washing machine or ended up jumping the queue.

With the labour-saving device so much in demand, Spanish designer Pep Torres came up with a clever idea to keep things clean - an 'intelligent' washing machine that won't let the same person use it twice in a row.

The invention uses fingerprint recognition technology to ensure everyone waits their turn and only lets another load begin its cycle if it senses a different finger pushing the start button.

"I wanted to get rid of the macho man who does nothing around the house," said Pep.

He added cheating is difficult too, saying: "The only way to override the system is to crawl around the back of the machine, unplug it and reprogramme."

IT'S A FACT!

ITALIAN designers have developed a hugging T-shirt for people in long distance relationships, which simulates the missing partner's breath, touch and heartbeat. Sensors in the upper arms, back, hips, and shoulders of the T-shirt recreate the physical pressure of a hug by inflating and deflating at a touch of a button.

So, why did the chicken cross the road...?

A CHICKEN named Ophelia, who was fined for crossing the road, has walked free from court after a judge threw out the charge. Californian law bans livestock from highways, but Ophelia's owners successfully argued she meant so much to them, she was in fact an adoring pet.

Leaf it out – that's totally potty!

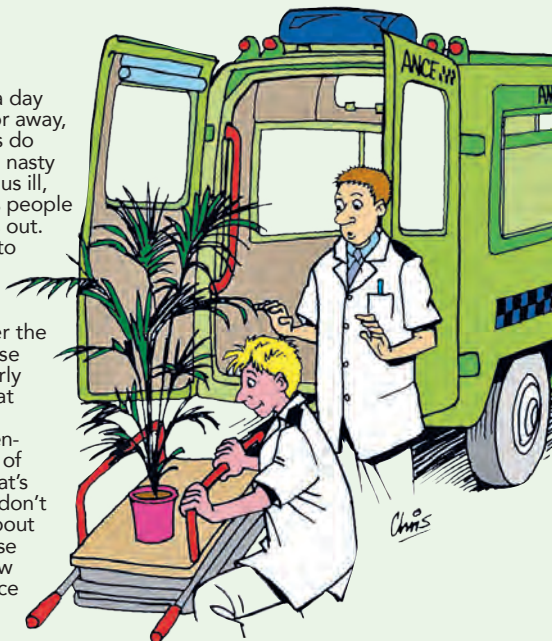
AN APPLE a day keeps the doctor away, but if us humans do happen to get a nasty bug that makes us ill, there are always people who can help us out.

But it used to be turf luck for owners when plants got a little under the weather, or worse still, got so poorly they ended up at death's door.

For the green-fingered people of Chile though, that's something they don't have to worry about anymore, because a berry good new ambulance service has just been launched – to take special care of sick plants!

You might think it's totally barking, but private company SOS Express is running the service in Santiago, complete with expert 'paramedics' who can deliver life-saving treatment on the plot.

There are four ambulances in total, which all have sirens and flashing lights but are painted – you guessed it – green.



Customers with dying plants simply call the company's emergency line and a horticultural expert in an ambulance is sent out to help. Company manager, Andres Castro, explained: "There are ambulances that save people's lives but ours save plants."

Everyone's rooting for the scheme to be a success, so that gardeners everywhere can look forward to a happy fuchsia.

Why are teddy bears never hungry?

Because they're always stuffed

Monkey business that goes over everyone's heads

A 137-METRE suspension bridge especially for monkeys has been built across the Unazuki Dam in Japan.

Mischievous monkeys, stranded on the human side of the gorge since the dam was built in 2001, have been stealing crops and sending farmers ape with their antics.

So the government decided to put up the bridge so the

naughty creatures can make their way back to the other side and get out of everyone's hair.

"It's a battle of wits between humans and monkeys," said one person who lives nearby.

"I hope the bridge will stop them coming down to places where humans are living."

Around £135,000 has been spent so far on trying to keep the monkeys away from crops.

Keep the kids busy this summer ...

Schools out for summer and the kids are looking for things to do that don't break the bank.

This summer, why not plan a summer of fun with Be Active, the summer holiday programme run by Sefton Council's Active Sefton team.

Open to all children and young people aged 2-16yrs there's activities for all ages there's plenty to do including drop in activity sessions in cheerleading, swimming and athletics to name a few.

Alternatively, children can attend bespoke activity camps in a variety of sports including football, cycling and street dance to gain specialist sports coaching in a chosen area.

All activities take place at Active Sefton leisure centres across the borough and are staffed by CRB accredited and trained staff members.

Sessions can be pre-booked or can be attended on a drop in basis at a charge of £2.50 per visit or children can hold a Be Active membership for £20 (discounts available) which entitles year round access to all holiday activities with even more

discounts available if you have an Active Choices discount card!

To find out what activities are available near you, log on to **www.active-sefton.co.uk** and look for the Be Active tab – alternatively, join children's activities mascot Murtle Turtle or Active Sefton on Facebook and Twitter to get updates direct to you mobile/desktop.

Kick about in the Park?

Running from June 2013 every week there are FREE sports sessions running in your local park for all ages and abilities. Running in Parks around Sefton by Sefton Councils Active Sefton team in partnership with Parks & Greenspaces, children and young people can turn up and enjoy a coached football, multi sports or water sports session with CRB accredited coaches and staff in parks across Sefton.

While children enjoy a coached sporting session, parents and guardians can enjoy a training session on the green gym and keep fit in an outdoor workout – free of charge.

If you would like to know dates of sports sessions in your area, or for more



information – contact Darren Carr on **0151 934 2358** or join Active Sefton on Facebook and Twitter.

I like to Move it, move it

Helping to get young people active, Sefton Council's Active Lifestyles team are running a number of **FREE**, fun, 6 week healthy lifestyle courses in your community for children aged 7-16yrs and their families who would like to improve their help or need help with weight maintenance.

The programme helps encourage children and their families to adopt a healthy lifestyle by using vital elements such as family involvement, healthy eating advice, behaviour change as well as fun ways to increase physical activity – all of which help families to lose weight naturally and build the foundation to maintain a healthy lifestyle for life.

The MOVE IT Programme involves one session per week for 6-weeks, with each session lasting for between 60 - 90 minutes



and incorporates healthy eating/behaviour change, followed by fun physical activity and games for the children. If you would like to know about sessions running in your community, would like more information, please contact Active Lifestyles on **0151 934 2352** or join the team on Facebook at Active Lifestyles Sefton or Lifestyle Sefton on Twitter.





It's back and it's better than ever BOOFEST 2013

Join us and Juice FM, for our free
family friendly festival.

Friday 9th August

12-4pm

North Park, Bootle

Birds of prey, beat the goalie with Everton FC,
bouncy castle, inflatable assault course,
donkey rides and fairground rides.

Visit www.ovh.org.uk to find out more.